**Vaden Health Center Travel Clinic**

**General Information for All Trips**

**Beyond Backpacks Travel Preparation Course**
It is highly recommended to complete the on-line course before your visit

**Routine Immunizations - Review and Update as necessary** *(Currently all covered under the Affordable Care Act)*
Vaden recommends that these immunizations be complete and up to date **FOR ALL TRIPS.** Please visit the Center for Disease Control's website for Vaccines and Immunizations.

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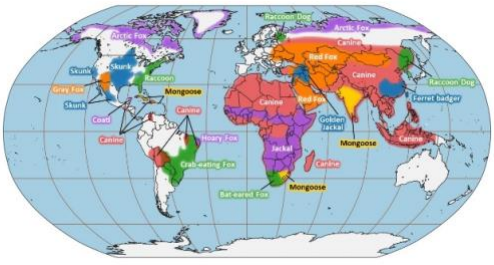
| **Tetanus,Diphtheria – Td or Tetanus, Diphtheria, Pertussis-Tdap** | Primary series plus booster dose within last 10 years, sooner if no recent Pertussis booster dose |
| **Hepatitis A** | 2 immunizations |
| **Hepatitis B** | 3 immunizations |
| **Measles, Mumps, Rubella-MMR** | 2 immunizations |
| **Varicella (Chicken Pox)** | If no evidence of previous infection, 2 immunizations |
| **Influenza** | 1 immunization yearly after September 1 |
| **Polio** | Primary series |
| **HPV** | 3 immunizations if ≥15 |
| **Meningococcal Vaccine** | Based on individual risk |
| **COVID19** | Primary series and boosters as indicated |

**Additional Vaccines for Special Populations:**

**Pneumococcal –** indicated for patients with certain health problems, (e.g. heart, liver, or lung disease, diabetes, sickle cell anemia, asplenia), taking medications that lower the body's resistance to disease, and **with any history asthma, or smoking.**
**Meningococcal B –** indicated for patients with persistent complement component deficiency, asplenia, at risk because of a serogroup B meningococcal disease outbreak, and anyone taking eculizumab (also called Soliris®).
**Mpox** -indicated for patients with specific risk factors including men who have sex with other men, among others

**Additional Immunization Information:**

***Rabies***
Rabies is essentially a fatal illness usually caused from the bite or scratch of any mammal. Rabies exists almost everywhere and is ***very*** prevalent in the developing world. Any mammal (dog, bat, fox, monkey, cat, etc.) bite or scratch should be taken seriously and medical care sought immediately, even for those previously immunized. Exposures in unimmunized travelers require treatment with **Rabies Immune Globulin** (usually **not available** in the developing world) **and** post-exposure **vaccine**. For students who anticipate regular international travel, rabies vaccine is recommended. *Animal species that drive rabies outbreaks (CDC)*:



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